

SIZE GUIDE							
SIZE	NORMAL BODY			SIZE	MUSCULAR BODY		
	LENGTH	CHEST	NECK		LENGTH	CHEST	NECK
XS	18-20 cm	20-28 cm	15-23 cm	MS	28-33 cm	43-53 cm	30-40 cm
S	20-24 cm	28-33 cm	20-28 cm	MM	32-37 cm	48-58 cm	35-45 cm
M	24-28 cm	33-38 cm	20-30 cm	ML	38-43 cm	58-71 cm	38-53 cm
L	29-33 cm	38-46 cm	23-33 cm	MXL	40-46 cm	63-81 cm	43-58 cm
XL	30-36 cm	40-50 cm	28-38 cm	SIZE	LONG BODY		
2XL	42-47 cm	46-56 cm	28-38 cm	LS	28-32 cm	33-38 cm	20-28 cm
3XL	50-56 cm	56-66 cm	36-46 cm	LM	32-36 cm	35-40 cm	23-30 cm
4XL	61-69 cm	63-76 cm	38-48 cm	LL	35-40 cm	38-45 cm	25-33 cm
5XL	66-74 cm	68-81 cm	40-51 cm	LXL	45-51 cm	43-51 cm	28-36 cm